Twitter Settings

Twitter offers a multitude of configuration options. It's not always easy to keep track of all the various settings offered and to select the best settings for your purposes. Our checklist is meant to assist you to protect your account and all your published information in the best possible way.

We have tried to draw up as universally applicable a set of instructions for private users as possible. Nevertheless, the individual configuration options and settings may differ in specific cases. This checklist refers to the Twitter settings available as at **8th August 2022** as displayed in a desktop computer browser.

As a rule, the settings described here are automatically adopted in the Twitter app. Depending on your smartphone and operating system though, there may be some additional settings in the app which are not discussed here.

To display your Twitter account settings, click to **«More»** and than to **«Settings and privacy»**.

Your Account - Account information

Category	Our recommendation
Username	Your username
Phone	Your phone number
Email	Use a free address without any indication of your identity (e.g. ferrari397@gmail.com).
Verified	Depending on your needs
Protected Tweets	Depending on your needs
Account creation	Your account creation
Country	Your country
Languages	Your languages
Gender	Your gender
Birth date	Your birth date
Age	Your age

Your Account - Change your password

Category	Our recommendation
Change your password	Manage your passwords outside of Twitter, for instance using a password manager.

Your Account - Download an archive of your data

Category	Our recommendation
Twitter data	Depending on your needs, you can download a file with all your tweets so far here.

Your Account - TweetDeck Teams

Category	Our recommendation
TweetDeck Teams	Select «Only allow people you follow to add you to their team».

Your Account - Deactivate your account

Category	Our recommendation
Deactivate account	Depending on your needs

Security and account access - Security

Category	Our recommendation
Two-factor authentication	Activate the desired method.
Additional password protection	Activate

Security and account access - Apps and sessions

Category	Our recommendation
Apps and sessions	Here you can view the times you have logged into your account, and which apps are linked to your it.

Security and account access - Connected accounts

Category	Our recommendation
Connected accounts	Here you can view the accounts you have connected to Twitter.

Privacy and safety - Audience and tagging

Category	Our recommendation
Protect your Tweets	Activate
Photo tagging	Select «Only people you follow can tag you».

Privacy and safety - Your Tweets

Category	Our recommendation
Mark media you Tweet as having material that may be sensitive	Activate
Add location information to your Tweets	Don't activate

Privacy and safety - Content you see

Category	Our recommendation
Display media that may contain sensitive content	Don't activate

Privacy and safety - Mute and block

Category	Our recommendation
Mute and block	Depending on your needs

Privacy and safety - Direct Messages

Category	Our recommendation
Allow message requests from everyone	Don't activate
Filter low-quality messages	Activate
Show read receipts	Don't activate

Privacy and safety - Spaces

Category	Our recommendation
Allow followers to see which Spaces you're listening to	Don't activate

Privacy and safety - Discoverability and contacts

Category	Our recommendation
Discoverability	Don't activate anything
Contacts	Depending on your needs

Privacy and safety - Ads preferences

Category	Our recommendation
Personalized ads	Don't activate
Interests	Depending on your needs
Your advertiser list	Depending on your needs

Privacy and safety - Cookie preferences

Category	Our recommendation
Accept all cookies	Don't activate
Refuse non-essential cookies	Activate

Privacy and safety - Off-Twitter activity

Category	Our recommendation
Personalize based on your inferred identity	Don't activate

Privacy and safety - Data sharing with business partners

Category	Our recommendation
Allow additional information sharing with business partners	Don't activate

Privacy and safety - Location information

Category	Our recommendation
Personalize based on places you've been	Don't activate
Add location information to your Tweets	Don't activate
Explore settings	Depending on your needs

Notifications - Filters

Category	Our recommendation
Quality filter	Activate
Muted notifications	Depending on your needs

Notifications - Preferences

Category	Our recommendation
Push notifications	Depending on your needs
SMS notifications	Depending on your needs
Email notifications	Depending on your needs

Accessibility, display and languages

Depending on your needs