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How to use social media safely

Currently many people are working from home, also making increased use of social media. You can find out how to use Facebook and Twitter safely from our latest instructions.

If you use online services such as social media and networks, you often post personal details on the Internet - frequently without even realising. These might possibly then be misused by criminals.

Configuring these services correctly will protect you and your data against misuse. Our updated instructions will help you find your way through the jungle of Facebook and Twitter settings, and to safely navigate these portals.

[Facebook Settings \(https://www.ebas.ch/en/facebook-settings/\)](https://www.ebas.ch/en/facebook-settings/)

[Twitter Settings \(https://www.ebas.ch/en/twitter-settings/\)](https://www.ebas.ch/en/twitter-settings/)

[Data protection under Windows 10 \(https://www.ebas.ch/en/data-protection-under-windows-10/\)](https://www.ebas.ch/en/data-protection-under-windows-10/)